

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This Safeguarding newsletter, aims to help staff, parents and students alike to be aware of the safeguarding and mental health issues, giving you useful links and resources to use if you have concerns. If you have concerns or ideas for future topics please do not hesitate to contact us on the main school number 01384 816165 or via email on studentssupport@summerhill.dudley.sch.uk

Talking to your child about War and Conflict

Children and young people are naturally curious. They want to know about what is going on in the world as much as they want to know the latest TikTok trend. Even if you try to limit the content they consume, they will inevitably hear about big world events from various outlets, such as television, social media, friends, family and school environments. They might even overhear something from one of your conversations! If it's what everyone is talking about, their interest in the topic increases. It's difficult to know what content the young person in your care is viewing. If you don't acknowledge questions or concerns they may have, they could 'fill in the gaps' with the wrong information. This might cause further anxiety, ignorance, or worrisome behaviour. Educating those in your care yourself assures they know how to process news reports on their own with critical thinking and media literacy skills. To read more please follow this link <u>Talking to your child</u>

Happier Minds

It's so important that you speak to someone if you are worried about your own or someone else's mental health. Parents, Carers, Teachers and Pastoral teams can all help. Young people are also able to independently access support from their GP and Practice Nurse. Every school in Dudley has a named School Nurse who is there to offer you advice, help and support. If you don't know who your School Nurse is, you can contact the School Nurse Main Office on 01384 408990 and ask them for their name and contact details. If you would like to see what more is offered to parents and young people in Dudley, please follow this link https://happierminds.org.uk/young-people/



Using AI ChatBots for Good

You've probably heard of ChatGPT, the wonder AI chatbot. From writing poems to C.V.s, it seems there's nothing this artificial intelligence can't create! That does, unfortunately, include homework. ChatGPT's terms of services says users must be least 13 years old and those under 18 must have their parent or legal guardian's permission. However, between the press coverage and the lack of age verification, it's likely that many young people are using it regardless. But is it really helping with homework? Here are some points to consider if the young person in your care wants to use an AI chatbot. To see more tips please follow this link ChatBots





Mr Randle Deputy Safeguarding Lead

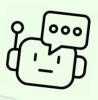


Ms Gordon Deputy Safeguarding Lead



Mr Quirke Deputy Safeguarding Lead





What Parents & Carers Need to Know about

WHAT ARE THE RISKS?

After two decades of holding the official FIFA licence, EA Sports' phenomenally successful football video game series has embarked on a solo run at goal. This season's iteration marks the debut appearance of a new name and branding, but don't let those fool you – EA Sports FC 24 is still a very similar proposition to last year's

FIFA 23. Popular features such as Ultimate Team remain a big focus, meaning that potentially costly

in-game spending is still among the line-up of risks that parents and carers should be aware of.



RECURRING RELEASES

Get your ultimate team

Advice for Parents & Carers

AVOID EXTRA TIME

SHOW TOXIC CHAT THE RED CARD

CELEBRATE THE VARIETY





National Online Safety®



@national_online_safety