## Week 10



Nov 22

# **SAFE AT SUMMERHILL**

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This safeguarding newsletter, aims to help staff, parents and students alike to be aware of Safeguarding and mental-health issues, giving you useful links and resources to use if you have concerns. Please do not hesitate to contact us on the main school number 01384 816165 or via email on studentsupport@summerhill.dudley.sch.uk

### Football Association – Safeguarding Awareness for Parents and Carers

Every week millions of children play football, many of them in organised clubs and organisations. As part of its safeguarding response, the Football Association has created a safeguarding course for parents. The course is designed to help parents make informed choices about the football settings where they enrol their children. The course helps parents recognise best practice and see where there may be concerns, so that they can report them quickly and effectively. <u>Click here</u> to access the course.

### Anti Bullying Week



Anti-Bullying Week 2022 takes place from 14th-18th November and encourages children, young people, families and school communities to take positive action to challenge the harm and hurt caused by bullying. Safer Schools have put together some articles and resources to support you talking about bullying at home with your child. <u>Click here</u> for more information.

### Safeguarding Warning Regarding Content on Twitch



It has come to our attention that explicit sexualised content has been broadcast on the popular livestreaming platform, Twitch, frequently used by children and young people. For more information about this <u>please read this article</u> which also has useful ways to talk to your child and prevent them being exposed to content like this.

### International Men's Day – 19<sup>th</sup> November 2022



International Men's Day celebrates worldwide the positive value men bring to the world, their families and communities. We highlight positive role models and raise awareness of men's well-being.

1 in 8 men in England have a common mental health problem.

Men die by suicide at three times the rate of women.

Men are more likely to experience factors that can have a negative impact on their mental health such as homelessness, alcohol or drug dependency or being in prison.

If you or anyone you know is struggling text 'MATE' to 85258 for free, confidential mental health support.

#### **Free Online Course for Parents and Carers**



Inourplace.co.uk are offering parents and grandparents of children living in Dudley access to free online parenting courses. To access the course <u>please click this link</u> and use the access code CASTLE. Courses include Understanding the Teenage Brain, Talking to teens about mental health and Understanding Emotions for teens.

