Week 9



Nov 22

SAFE AT SUMMERHILL

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This safeguarding newsletter, aims to help staff, parents and students alike to be aware of Safeguarding and mental-health issues, giving you useful links and resources to use if you have concerns. Please do not hesitate to contact us on the main school number 01384 816165 or via email on studentsupport@summerhill.dudley.sch.uk

Online Sexual Abuse – Help for Parents

UK Safer Internet Centre The UK Safer Internet Centre (UKSIC) report that more than a quarter of girls who took part in their survey have experienced receiving a request for nude or semi-nude photos or videos. Children can be groomed, coerced, or encouraged into sexual activities online. Any child with unsupervised access to the internet is potentially at risk. To help parents understand this difficult topic and talk to their children, the UKSIC has produced a checklist and resources about online sexual abuse. Click here for more information.

World Kindness Day – 13th November



World Kindness Day is being celebrated on Sunday 13th November. The purpose of the day is to help make the world a better place by inspiring people to show kindness to one another. Did you know that some scientists say that people who are kind have less cortisol in their bodies and age more slowly. When you are kind to someone it releases chemicals in the brain which make vou feel good! Click here for some ideas to spread some kindness in the community.

Free School Meals

If you receive any of the following support payments your child may be entitled to Free School Meals

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit Run-on paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

Please <u>click here</u> for additional information about Free School Meals and how to apply for them.

Mrs Sprouting Designated Safeguarding Lead

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Ms Gordon Deputy Safeguarding Lead Mr Quirke Deputy Safeguarding Lead Mr Cresswell Deputy Safeguarding Lead