

Week 4



Oct 22

SAFE AT SUMMERHILL

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This safeguarding newsletter, aims to help staff, parents and students alike to be aware of Safeguarding and mental-health issues, giving you useful links and resources to use if you have concerns. Please do not hesitate to contact us on the main school number 01384 816165 or via email on studentsupport@summerhill.dudley.sch.uk

Operation Encompass

Operation Encompass was created at the end of 2010 after an incident where police information was not shared with school regarding a significant domestic abuse incident. It is a police and education early information safeguarding partnership enabling schools to offer immediate support to children experiencing domestic abuse. The poster on this link will tell you more about it:



<https://www.operationencompass.org/SM4/Mutable/Uploads/medialibrary/OE-Parents-Poster.pdf>

Living with a Food Allergy



Living with a food allergy can affect people in different ways. Having a food allergy can pose extra challenges to daily tasks and have unexpected impacts on new experiences. For teenagers and young adults with a food allergy, navigating the new experiences that come with these stages of life can bring about extra risks.

Research shows that children and young people are at a higher risk of experiencing food allergy reactions. And while many are confident about managing their food allergy in general, they are less likely to tell a café or restaurant about their allergy, particularly if they have eaten a meal from the same place before. Advice for teenagers and young adults can be found at <https://www.food.gov.uk/safety-hygiene/advice-for-teenagers-and-young-adults-with-a-food-allergy>

Make happiness your priority

How do we know if we are happy? Is it something we should be working towards or is it something that should happen naturally? Even when we are happy it doesn't mean a that we don't also feel stress, worry and anxiety but it may mean that we are better able to deal with the things that come up. On the link below are 12 ways that you can make happiness your priority:

[How to make happiness your priority \(happiful.com\)](https://happiful.com/)



Mrs Sprouting
Designated
Safeguarding
Lead



Mr Randle
Deputy
Safeguarding
Lead



Ms Gordon
Deputy
Safeguarding
Lead



Mr Quirke
Deputy
Safeguarding
Lead



Mr Cresswell
Deputy
Safeguarding
Lead