



SAFE AT SUMMERHILL

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This safeguarding newsletter, aims to help staff, parents and students alike to be aware of Safeguarding and mental-health issues, giving you useful links and resources to use if you have concerns. Please do not hesitate to contact us on the main school number 01384 816165 or via email on studentsupport@summerhill.dudley.sch.uk

Mental Health Awareness Week 2022

This week was Mental Health Awareness Week and the theme was 'loneliness.' Several organisations have put together resources for students to use. There are some helpful resources on the Mind website which can be found on [Mental Health Awareness Week 2022 - Mind](#). There is also a helpful resource on 'Tackling Loneliness' that can be good for students to work through. You can find the resource on [Tackling-Loneliness-Resource-Pack.pdf \(youthfocusnw.org.uk\)](#)



Mental Health Awareness Week
9 - 15 May 2022

Together we can tackle loneliness



If you are on social media, Rethink Mental Illness are sharing the voices of people with diagnoses of mental illness and their stories.

On Facebook:

<http://rethink.informz.net/z/cjUucD9taT04NzE1NTE2JnA9MSZ1PTk1NTg5Njc0MiZsaT03NjI5ODA1Nw/index.html>

On Instagram:

<http://rethink.informz.net/z/cjUucD9taT04NzE1NTE2JnA9MSZ1PTk1NTg5Njc0MiZsaT03NjI5ODA1OQ/index.html>

World Password Day Thursday 5th May 2022



Last week was World Password Day which reminds us of the importance of protecting ourselves through the use of strong passwords and learning more about cyber security. Passwords protect personal information such as address, date of birth, credit card details and personal banking details. Identity theft is on the rise so password security is more important than ever. For more information on password security please follow the below link:

[Password 101 – Our Top Tips for Staying Password Protected - Safer Schools \(oursaferschools.co.uk\)](https://oursaferschools.co.uk/password-101-our-top-tips-for-staying-password-protected)



Mrs Sprouting
Designated Safeguarding Lead



Mr Randle
Deputy Safeguarding Lead



Ms Gordon
Deputy Safeguarding Lead



Mr Quirke
Deputy Safeguarding Lead



Mr Cresswell
Deputy Safeguarding Lead