



SAFE AT SUMMERHILL

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This safeguarding newsletter, aims to help staff, parents and students alike to be aware of Safeguarding and mental-health issues, giving you useful links and resources to use if you have concerns. Please do not hesitate to contact us on the main school number 01384 816165 or via email on studentsupport@summerhill.dudley.sch.uk

Social Media Stories

TikTok is the latest social media app to launch a stories feature where users can share their experiences of the day with others as they happen. Over 500 million stories on average are posted to Instagram daily and users on Snapchat create over 5 billion snaps everyday. Whilst sharing everyday lives on social media can be fun there are risks associated with it such as oversharing, bullying, location sharing and others taking screenshots of what has been posted. For more information please follow the below link:



[TikTok's New Stories Feature - Safer Schools \(oursaferschools.co.uk\)](https://oursaferschools.co.uk)

Kooth Mental Health Awareness Week – 9th May – 15th May 2022

Kooth is an online mental wellbeing community that offers free, safe and anonymous support for young people. On the website there are articles, discussion boards, ability to chat with a member of the team and your own daily planner. The focus of the Kooth Mental Health Awareness week is chat, listen, share and understand because everyone feels lonely sometimes and that is ok. The below link is a guide for understanding and managing feelings of loneliness

[Shared assets \(brandmaster.com\)](https://brandmaster.com)

Please see the link below for some mental health awareness week activities to try:

<https://explore.kooth.com/wp-content/uploads/2021/05/MHAW-Activities.pdf>



How to Connect with Children as they Grow into Teenagers

The article below may be useful in finding ways that you can connect with your teenagers if they are refusing to talk to you.

[How to Connect With Your Kids as They Grow Into Teenagers \(thriveglobal.com\)](https://thriveglobal.com)



Mrs Sprouting
Designated
Safeguarding
Lead



Mr Randle
Deputy
Safeguarding
Lead



Ms Gordon
Deputy
Safeguarding
Lead



Mr Quirke
Deputy
Safeguarding
Lead



Mr Cresswell
Deputy
Safeguarding
Lead