

SAFE AT SUMMERHILL

At Summerhill School we are committed to safeguarding our children and young people as well as promoting positive well-being for all.

This is the first issue of our Safeguarding newsletter, which aims to help staff, parents and students to be aware of safeguarding and mental well-being issues, giving you useful links and resources to use if you have concerns.

The Safeguarding Team

These 4 people have had extra training to help if there are issues with any student's safety and wellbeing.



Mrs Sprouting
Assistant
Headteacher



Mr Cresswell
Deputy
Headteacher



Mr Quirke
Assistant
Headteacher



Ms Gordon
Family
Support

We can be contacted via the normal school phone number (01384 816165) or by email to studentsupport@summerhill.dudley.sch.uk

Asthma

Did you know? There is a rise in Asthma Attacks in September when children and young people return to school.

Top Tips to help reduce the risk of asthma attacks:

- Know your Asthma Action Plan– make sure you know what to do in an emergency.
- Take your Preventer Inhaler– continue to take your Preventer inhaler everyday even if you feel well.
- Manage your triggers– It is important to know what makes your asthma worse.
- Remember to have your Flu vaccination.

Free courses

Did you know? Dudley MBC have invested in online courses for parents (and teenagers).

These free courses can help support the Mental Health and well-being of children and young people, and of parents.

- Understanding your pregnancy, birth, labour and your baby
- Understanding your baby
- Understanding your child (main course)
- Understanding your child with additional needs (main course)
- Understanding your child's feelings (taster course)
- Understanding your child's brain (short course)
- Understanding your brain (for teenagers only!)

- Understanding your child's mental health and wellbeing



Courses may be booked online at www.inourplace.co.uk

Omegle

Omegle is a website that pairs random strangers for live text or video chats.

Omegle markets itself as a great way to meet new friends however has been known to feature pornography and inappropriate content within chats, so it is important parents are aware of the risks associated with this site:

- No age verification measures
- Risk of cyberbullying
- Unmoderated chat
- Risk of extra information being "leaked" by linking an Omegle account to Facebook
- Risk of exploitation, because your child could be talking to anyone in the world
- Adult-themed content



We would not recommend that Omegle is used by anyone under the age of 18 (even the 13+ account is not properly regulated), but if your child has already been using Omegle, please see the attached safety tips.

