

## SAFE AT SUMMERHILL

At Summerhill School we are committed to Safeguarding our children and young people as well as promoting positive well-being for all.

This Safeguarding newsletter, aims to help staff, parents and students alike to be aware of Safeguarding and mental well-being issues, giving you useful links and resources to use if you have concerns. Please do not hesitate to contact us on the main school number (01384 816165) or via email on <a href="mailto:studentsupport@summerhill.dudley.sch.uk">studentsupport@summerhill.dudley.sch.uk</a>

## Travelling to and from school

Nights are starting to get darker, and we want to make sure everyone is safe walking to and from school.

Mr Harris has been to Kingswinford village several evenings this week. He has spoken to many shop owners who would like to offer support to anyone who feels uncomfortable or sees something suspicious.

Please talk with your children about keeping safe on the way to and from school or extracurricular activities.

- Encourage your child to walk home in small groups
- Ensure that they have told you what time they are leaving school
- Walk home on well-lit streets and take main roads where possible
- Wear reflective clothing
- If your child is worried when walking home, make sure they know to get to a safe environment (e.g. shop) and call a parent/carer or school for help
- Make sure school phone number is in their phone in case they need support
- If your child sees someone or something suspicious, please report it to police and school

## Young People and Mental Health

Did you know? The number of children and young people referred to mental health services has increased by 134%

Talking to your child about how they are feeling can be hard. You might feel like you don't know where to start or when a good time to talk is.

Young Minds is a charity with lots of practical advice and tips on supporting your child - from encouraging your child to open up about their feelings to dealing with mental health services. They also have a parents support and help line.

"No matter what you and your child are going through, things can get better"

Click the logo below access their website



## **Operation Encompass**

Did you know? Summerhill School is part of Operation Encompass



Operation encompass is a joint operation between Dudley MBC, West Midlands Police and schools to provide in-school support to children and young people who have been present at, exposed to, or involved in any domestic abuse incident where police have attended.

We know that children can be significantly harmed, physically and or emotionally, during these situations and that it also impacts on their learning and behaviours in school. Therefore, as part of Operation Encompass we receive notification from West Midlands Police before 9am the morning after a child or young person has been witness to, or involved in, any reported domestic abuse incident.

Summerhill safeguarding team will then use this information, in confidence to enable the school to provide the right support to any child, young person and their family.

<u>Click here for more information regarding Operation Encompass</u>

We hope you have found this newsletter useful. If you have any feedback about the issues raised, or would like to suggest topics for a future edition, please email <a href="mailto:studentsupport@summerhill.dudley.sch.uk">studentsupport@summerhill.dudley.sch.uk</a>



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